

“Make KCS vibrant again”

From the desk of KCS President

Dear friends,

I wish you and your families a healthy, peaceful, prosperous, and happy New Year. It is our fond hope that we have not only a normal 2022 but also future years free from the type of pandemic that kept us confined to our homes and incommunicado for several months.

Despite the threat of an uninvited guest, omicron, we feel confident that our planned jubilee celebrations will happen on February 19. Hectic preparations are going on, hoping and praying that after a long break, all of us could get one evening to spend in fellowship and camaraderie.

As informed, we have now funds to move ahead with Rotary and Tanker on our 25th year project. We have commenced discussion with them. Of course, being a large project with multiple agencies, there will be issues to be resolved as we progress. But I must share with you my optimism that if we have a worthwhile project, our members will rise to the occasion. I feel confident that future leadership of KCS will be encouraged to plan bigger projects.



The video with our 25 years of activities is on YouTube from December 15 onwards. A lot of effort and work have gone in producing the video. I request all of you to see it once more. When I checked last, there were only a few viewers. I am amazed to see how our members were young and vibrant during yesteryears.

We thank those who send letters and responses appreciating the direction of KCS on its 25th year. I take the liberty of publishing a couple of letters to drive home the point that what is achieved is because of teamwork we are trying to develop at GC.

Best wishes and regards,

EC Thomas

KCS Vision

KCS shall evolve into a premier organisation

- By instilling a sense of pride in being associated with it and thereby motivating the young and the old of the Kerala Catholic families to join the society wholeheartedly.
- By creating an image in the city of Chennai and elsewhere by initiating special projects for the community, working in tandem with similar organisations, if necessary.
- By utilising the inherent talents and strengths of all its members to initiate activities that will install a sense of belonging and promote fellowship.
- By creating an atmosphere for constant, innovative, and timely improvements in the organisation and its structure.

I am happy to reproduce two letters from former president Kurian Manavalan and John Chiramel. I wish to emphasize that some of the achievements were the results of teamwork we are trying to introduce in the management of KCS.

Some ideas are being tried out. The President in consultation with GC must announce at the beginning of the year the aim of the KCS in the short term as well as long term. KCS year starts on July 1 of every year. Therefore, the GC will have a road map to move forward.

We have constituted a ten member GC with specific assignments and responsibility for each member. Thus each member is free to bring his or her programmes to be discussed in GC, to get approved and funds allocated. Thus each GC member will have a feel of accomplishing something of value.

Letter from John Chiramel

Dear EC,

Thank you for this invite. We will surely try to attend. We have fond memories of our times with KCS and its members and I, in particular, remember my days as a "reluctant" President:)

I have been admiring the yeoman efforts you have been putting in, in thinking through a survival and growth strategy for KCS--the strategy has my full support and your thankless effort my wholehearted admiration.

God bless you and your family!

Warmly,

John.

Letter from Kurien F Manavalan

Congratulations Mr.E.C.Thomas ,President KCS Chennai

First of all it is good to see the efforts you have put in the middle of the pandemic bearing fruits as we complete a quarter century of our formation.

The second big achievement is the setting up of an effective website which can be a tool in this age of digital spread of KCS in this historical city which is easily the city with the biggest diaspora of Kerala Catholics outside Kerala.

Thirdly , you have seamlessly handed over the baton from the founders to the next generation. This is definitely ensuring our growth in the years ahead.

Keep up the good work

wishing you and your team a great year ahead

Kurien F Manavalan KCF50

Thanks for All the Good Memories of the Past Year.
Wishing You a Spectacular New Year Ahead!

Happy New Year!



Minutes of the 2nd Governing Council (2021-22) Meeting of Kerala Catholic Society held on 04th December 2021 at KCS House, 23 Halls Road, Kilpauk, Chennai - 600010 at 6 pm

The Vice President presided as President requested leave of absence and warmly welcomed all including the newly joined Ms. Mini Jose, Ms. Anirita George and Mr. Joseph Jose and wished them a successful term as GC members of KCS with great contributions.

Approval of Minutes: The minutes of GC held on 6th November, 2021 was circulated and passed.

Merging of accounts: It is decided to implement the merging of different heads of accounts, as per the guidance of the Auditor.

Bank account online feature: For operational convenience it was decided to apply for the online viewing of accounts with the bank.

Dialysis Project: It was informed that Rs.50.95 lakhs has been received and got commitment for another Rs.20.10 lakhs

Silver jubilee expenses were discussed to reduce all over expenses including donations to Bishop and memntoes to dignitaries and cultural.

Subscription: Rs. 1 lakh still pending. GC requested zonal leaders to follow up the matter for the earliest collection.



CD and Youtube: It was informed that Mr. Stenlin has agreed to share the video by 05th Dec.

CCTV/DDR/camera: It was informed that it would cost Rs.8,750/- for repair. Asked to discuss with Mr. Ranjith before taking the work.

M.S. Abraham
Secretary

**KCS Silver jubilee logo designed by
Mrs. Anirita George, Kodambakkam**





Babu Jacob,
KCF no. 026

Mr. Babu Jacob needs no introduction. He is a founder member who conceptualised the Helpline of KCS. He is a prolific writer.

TUMMY TALK: CONVERSATIONS WITH MY TUMMY

It is incredible! When I recall the incident, it is almost like a fairy tale come true! Yes, I had a tete' e' tete' with my own tummy! It happened on a midsummer mid afternoon last week. I kept pinching myself just to make sure that it is not a midsummer dream or hallucination. My tummy talked to me for the first time in my 73 years of life! I was having a siesta and then I heard a feeble muffled voice, as if it is coming from the bottom of a well. Slowly, as I fully removed the T. shirt covering my torso, I was able to comprehend what it was all about. The conversation was on the following lines:

My Tummy: Babu Jacob, can you hear me? It is me, your tummy!

Me: Yes I can. It is truly amazing! How on earth can a tummy talk? Tell me how do you talk?

My Tummy: Elementary, my dear Watson, sorry, Jacob. The belly button! That is the secret! It is an antenna cum amplifier to pick up what you say and to make me heard when I speak from the insides.

Me: Now tell me what made you break your 73 year long silence?

My Tummy: I have to give VENT to my long PENT up feelings. And I thought it is better late than never.

POINT NO 1: You have an inferiority complex because I am over sized. I know that Malayalees ridicule me by calling me KUDAVAYAR (umbrella

stomach} and Tamilians refer to me as THOPPA in a derisive way. I have heard you telling jokingly that you have become VAYARLESS!.First I thought you were referring to WIRELESS! Whenever people make fun of me, YOU do not defend me. Worse still, YOU look down upon me.

Me: It is because of your location. You are below my eye level .Tell me, do I have a choice? Can I look up to you? You are most welcome to AIR your grouses against me. After all, you are starved of clean, unpolluted AIR in your insides, and it is quite natural to feel suffocated!

My tummy: What do you think of me? I know all your secrets. I eves drop on all what you say and listen. I can even black mail you by passing on incriminating evidence against you.

Me: You are LOSING your temper for no reason and not GAINING anything. I am willing to listen and see if I can ADDRESS your grievances and, if possible, REDRESS all or some of them.

My tummy: POINT NO 2: Despite all the sincere, round the clock hard work I have been rendering you, day in and day out, during all these decades you are taking me for granted.: POINT NO 3: you have stopped pampering me for the last several years. I used to be fed well, with lots of goodies till a few years back. But since the time you became a heart patient, you started dishing out a step motherly treatment to me.

Me: I swear that I make it a point to satiate your hunger pangs, and that is in my interest too.

My tummy: I concede that you have never starved me. However, I want you to do some soul searching and tell me whether you have been feeding me with all the goodies, as earlier

For example, I am extremely fond of eggs in any avatar: Omelets, bull's eye, scrambled, or boiled. For the last several years, you have been giving me just the white of the egg after throwing away the delicious yellow part. I still cherish fond

memories of how you used to pamper me with at least 2-3 whole eggs a day! Now that glorious golden yellow era is history.

Me: Please blame it on my Cardiologist. He strictly ordered me to shun the egg yolk, which he says is a concentrated form of cholesterol, and is bad for my heart. I too simply love the whole egg and that is the whole truth! To think about all the YUMMY food goodies, lavishly and lovingly served by the MUMMY of my three children and going straight to my TUMMY, that is you! I miss all that fun now.

My tummy: I CRAVE for all those goodies, which I used to savor during those glorious years gone by! When I said CRAVE, I am reminded of your recent visit to a newly opened bakery cum restaurant in Gandhinagar which carries the CRAZY name CRAVEYARD. I was excited when you entered it and read out the menu, only to be thrown to deep despair when you bought just a loaf of bread.

Me: If you force me to change my food habits, instead of CRAVEYARD, we both will end up in the GRAVEYARD sooner than later!

My Tummy .You are trying to extend your longevity by depriving me of all those mouth watering tasty goodies I used to enjoy. I particularly miss the Kerala beef cutlets and Syrian Christian beef fry which Madam used to make on occasions. Remember, we live in Tamil Nadu and not in Maharashtra or Haryana where beef is banned! So, indulge in the beef delicacies and enjoy life and in the process make me also happy!

Me: As a MALLU, I need some time to MULL over your request.

My Tummy: POINT NO.4: You are ungrateful. Only recently, when you had a fall (at your Alma Mater, after your Alumni meeting), I was the one who bore the brunt of it. I, your protruding KUDA VAYAR, protected you from multiple fractures. You fell on me or rather I was the first point of contact with the ground and that saved you since I acted like a built in cushion or shock absorber. And you escaped with just a few bruises and loss of some skin without any fracture. Did you thank me for my sacrifice?

Me: Better late than never! Thanks for your sacrifice! Now let us arrive at a compromise. You want me to be an Epicurean, a glutton .You expect me to devour all unhealthy stuff like egg yolk, red meat etc .The compromise formula is that I will spoil you with all such goodies just once a week, and that too in moderation, with or without my doctor's green signal.

My Tummy: Thanks. One more request. Please do not try to cut me to size further, as you did when you were diagnosed with 6 blocks 6 years back, and lost 6 kg (and 6 inches of me) in 6 months. Also, I do not want you to feel ashamed of me. It hurts me.

I have a wonderful suggestion. Please form an Association of like minded and LIKE BELLIED, I mean big bellied persons, who will meet at venues like the several beaches and parks of Chennai to carry the BIG TUMMY flag high and flying!

Me: I shall try, tummy boy! Now it is time to PART .O sorry! How can we?"Adit, his 9 year old brother corrected him "No Manav, call him GRANDFARTPART, since you are PART and parcel of me?"

My Tummy: Thanks for the PARTING gift by way of your offer of a day of indulgence in a week. I wish to reciprocate by giving you a return gift, a FARTING GIFT: (a long FARTING sound!).

Me: Bunny, you are funny! Now please switch off the belly button, I have better things to do! Bye, Tummy!

Now let me narrate a funny episode which actually happened last year when my two grandsons visited us during summer vacation. One day, hearing me fart, Manav, the 6 year old screamed "FARTER! FARTER!.ER! Both kept on chanting "GRAND FATHER, GRANDFARTER ". On this funny note I sign off

Babu Jacob,

Mobile 9840089864

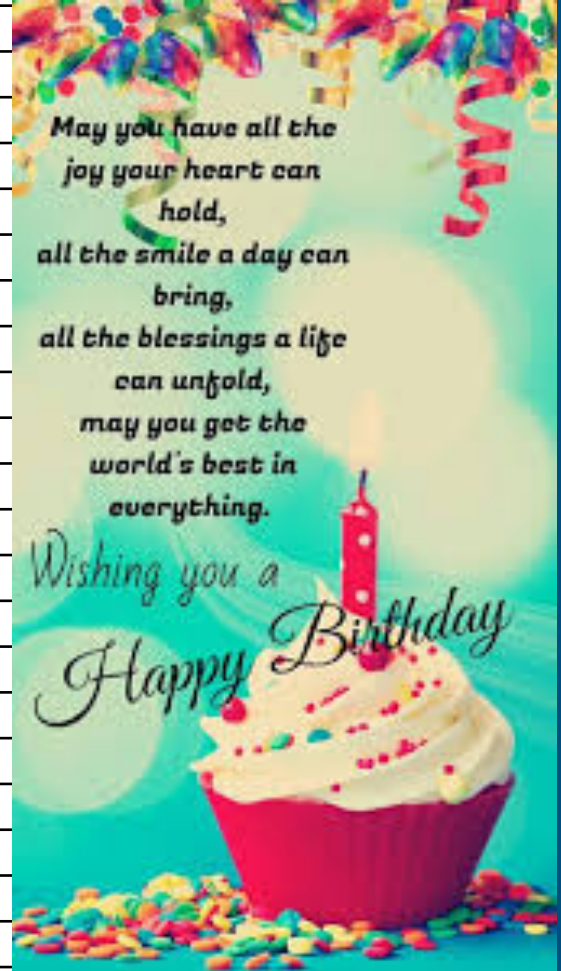
email: bjacob20@rediffmail.com



The Board of Directors of Anabond Limited has inducted Mr. M S Abraham (KCS Secretary) as Joint Managing Director of Ananbond at an in-house function held on 15 Dec 2021



Date	Birthday January	KCF NO	Mobile no
1	Delphina Franco	16	93813 15646
3	Anirita George	188	94444 19031
3	Bindu Sheen	203	91765 13582
3	Ranjith Dominic	235	98844 14627
4	Abraham Vadakkal	1	98407 00092
5	V.Joseph George	36	98401 02200
6	Rachael Michael	58	99414 65023
6	Joy M Thomas	138	94444 06192
7	Solly Soy	213	94448 41015
7	Siby Joseph	146	98840 09081
7	Asha Jose	234	98402 71470
14	M J Joseph	39	98410 03300
18	Johnson Pattery	119	98400 34941
20	Vinod Alex Kadavan	218	99625 48130
22	Elsy George c/o George Joseph	19	98845 99000
22	Deena George	189	96000 71914
26	Tresa Jose	33	97462 68684
27	Kurien Manvalan	50	94440 13110
30	Paul Panangat	181	98400 51851
30	Shini George c/o GeorgeSamuel	233	99400 24159



Date	Wedding Anniversaries Jan 2022	KCF NO	Mobile no
1	Regi Mathew & Subi Regi	66	98400 98412
8	Tomy John & Silvi Tomy	230	98400 88850
9	Franco Louis & Delphina Franco	16	94440 15646
9	Paul Sebastian & Geetha Paul	165	94441 34637
9	Itty George & Cicily Itty	227	99402 95215
10	Paul Panangat & Alphonsa	181	98400 51851
12	Joseph Ittiachen & Deepa Joseph	212	96770 28118
16	Alappat Kurian Joseph & Rekha Kurian	89	98405 99969
16	C.Louis Franco &Tresa Louis	240	99626 22855
21	Ronnie Jacob & Amala George	231	98412 22890
22	Saju Chacko & Susha Saju	141	98404 22195
25	S J Michael & Rachael Michael	58	93810 30882
25	Alfred Michael & Mino Alfred	244	98844 30689
30	Regy Thomas & Marie Tresa	67	98411 67150



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Please send your articles, comments, suggestions, feedback to
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